

FRESHMAN ACADEMY



Freshman Academy

Career Awareness

Career Expo

Mentorship

Freshman Seminar

INFOGRAPHIC KEY



College Credit
Opportunity



Counts Toward
Arts Credit



CLEP[®]

Watch for these symbols in the course descriptions.

- The “pillars” by a course description indicates that the course offers college credit or potential college credit through AP, CLEP, or PLTW testing opportunities.
- The “star” by a course description indicates the course counts toward the AAHS “Arts” credit requirement for graduation.
- Practice CLEP tests are available in the College & Career Center to help determine your level of readiness to test. There is a \$85 fee for each CLEP test, plus a \$25 administrative fee. These fees are subject to change by The College Board and test centers.
- The ‘caps’ graphic by a course description reflects our membership in the CAPS (Center for Advanced Professional Studies) network of programs. This network enhances our Academies of Alexandria model. A ‘caps’ course involves a post-secondary partner and a business partner. Through our post-secondary partners, ‘caps’ coursework will allow students to earn both college and high school credit while working within the local partner business.

Freshman Academy

Academy	Required Courses				
9	English 9 (1 credit)	Intermediate Algebra OR Honors Geometry (Both 1 credit)	Social Studies 9 (0.5 credit) OR AP Human Geography (1 credit)	Physical Science 9 OR Honors Physical Science 9 (Both 1 credit)	Wellness/Fitness (0.5 credit) AND Freshman Seminar (0.5 credit)

Freshman Elective Opportunities

Academy	Business, Communication & Entrepreneurship (includes Art Electives)	Engineering, Manufacturing Technologies & Natural Resources	Health Sciences & Human Services	Global Electives
9	<ul style="list-style-type: none"> • Advanced Theatre Arts • Art & Design I • Business World 101 • Communications & Journalism • Culinary Arts I • Digital Foundations • Entertainment/Sports Marketing • Game Design I • Game Design II • Graphic Design (Communication Arts) • Illustration & Animation • Intro to Theatre Arts • Musical Theatre in the 21st Century • Photography • Print Technologies • Web page Design 	<ul style="list-style-type: none"> • Agriculture, Food & Natural Resources • Engineering, Manufacturing & Architecture • Intro to Agriscience • Introduction to Robotics • Forestry • Landscape Design • Woods and Cabinetry 	<ul style="list-style-type: none"> • Citizens Academy • Health Careers • Human Development I • Human Service Careers 	<ul style="list-style-type: none"> • Body Fitness • French I • Microsoft Office Applications • Music Arts <ul style="list-style-type: none"> ◦ Choir ◦ Band ◦ Intermezzo Orchestra • Spanish I • Study Block

WELLNESS/FITNESS

Course Number: 1311
Length/Credit: .5 credit – 1 semester
Grade Level: 9,10,11,12
Prerequisite: None

This course is required for graduation. This course examines parameters that comprise good physical health, nutrition, flexibility, muscular strength, and endurance throughout one's lifetime. The student will become familiar with lifestyle behaviors associated with heart disease, cancer, diabetes, alcohol, relationships. The wellness concept will be explored through the dimensions of the social, mental and emotional aspects.

FRESHMAN SEMINAR

Course Number: 1800
Length/Credit: .5 credit – 1 semester
Grade Level: 9
Prerequisite: None

Freshman Seminar will be a required course for all 9th grade students. The foundation for the course will be to provide students with opportunities for interest and career exploration while also focusing on skill development. The course will stress skills in academic readiness, personal/social development as well as college and career readiness. Areas such as character building, study skills, work skills, goal setting, etiquette and more will be addressed throughout the course.

FRESHMAN ACADEMY ADVISORY BOARD

Claire Anderson, Academy Coach
 Amanda Cordes, Freshman Seminar/Social
 Kallie Grote, High School English Teacher
 Sara Gronholz, Habitat for Humanity

Nick Jansen, Freshman Seminar/Social
 Mallory Johnson, High School Math Teacher
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